



Partnerships

Annual Report 2018

CKRH.org



CKRH
Central Kentucky Riding for Hope
Horses Healing People

Our Story



Central Kentucky Riding for Hope is a premier therapeutic riding and horsemanship center with a grassroots beginning—in more ways than one!

CKRH began in 1981 as a collaboration between Dr. Peter Bosomworth, who at the time served as Chancellor of the University of Kentucky Medical Center, and a collection of area horse enthusiasts. *The team initially borrowed horses to assist four participants.* The original objective was to offer an alternative to traditional machine-based/tabletop therapies by using the three-dimensional movement of the horse, which is more comparable to a human's natural stride.

The pilot program proved so successful that we were given use of a converted tobacco barn at the then newly established Kentucky Horse Park. Continuing to grow as a seasonal program running May-October, we became accredited through the Professional Association for Therapeutic Horsemanship International (PATH Intl) in 1987 and achieved the Premier Accredited Center status by 1998.

During this time, programming developed rapidly, and interest in our therapeutic activities grew beyond what a seasonal program could maintain. The CKRH Board of Directors saw the need to provide year-round services and undertook a \$4 million capital campaign in 2005. Our new indoor facility was completed in 2011, enabling us to provide programming without limitations from weather or time of day.

Our facility is now larger and our programming is more diverse, but one thing remains the same: We will always have the "tobacco barn" atmosphere by welcoming you by name and with a warm smile.

Current facility providing indoor year-round programs.





The pictures and stories shared in this year's Annual Report emphasize the *PARTNERSHIPS* that make our program impactful.

From the interactions between our horses and their clients along with the volunteers and instructors to the array of supporters providing the tools and funding our center requires, partnerships are creating unanticipated moments of achievement daily. We thank our donors and community partners for providing the support needed to maintain our programs and, in turn, maintaining these moments of achievements.

Facility Additions & Improvements

Arena Lights

Thanks to a grant from the King's Daughters and Sons Foundation, our arena is better than ever due to LED lights from Big Ass Solutions. As you can see in the top picture, our lighting had become an issue causing dark spots and required bulbs to be replaced often. These LED lights can live up to 14 years!



CKRH Arena - Before



CKRH Arena - After



Helmet Rack

Dave Schneider, one of our incredible volunteers, built this handy helmet rack by our front door! This rack keeps all the helmets much more organized and looking nice for all our clients and guests.

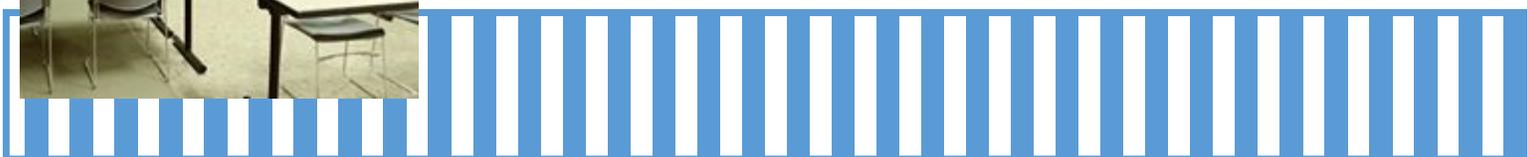
Big Green Tractor

Thanks to a grant from the Kentucky Colonels combined with a private donation, CKRH was able to purchase a new John Deere tractor to help with many of our daily farm chores and in specialty projects like repairing the effects of erosion. We do our best to maintain the safety of our facility to protect the health of our horses and clients!



Technology Upgrade

A donation from Old National Bank allowed us to update the technology in our conference room. A new large screen TV connects to computers and the Internet for presentations. It already has enhanced our use in programs and trainings as well as provided a better service to organizations renting the room for meeting space.



New CKRH Logo & Website

CKRH started 2018 with a new logo to help spread awareness of the non-mounted programs we have implemented in recent years. The intertwined horse and human in our new logo illustrates the importance of the connection between the two. **Be it mounted or unmounted, this connection plays a great part in "healing" on many levels.**



A new website and other marketing materials were also created to share the incredible stories of triumph that occur in our arenas and barn. A special thank you goes to Mahan Multimedia for capturing our CKRH Magic in the photography featured in this annual report and the marketing materials.



Memory Bricks

Memory bricks have been installed near our entrance! We appreciate everyone who has purchased one - or more - over the years. Bricks can still be purchased for \$200 each. These are a great way to honor the memory of someone or some horse special. Call us at 859-231-7066 for more details.

Upcoming Projects Needing Assistance

We were very fortunate in 2018 to receive assistance in several important facility projects, but there are still important needs that you can support! Our equine-assisted therapeutic center is unique as we face many farm and stable issues in order to provide life-changing programs for our clients. Staff members manage tasks from working the footing in our arena to repairing fences and preventing land erosion in order to maintain the safety and well-being of our equine therapists. Here are three of the biggest upcoming projects with approximate costs:

- 1) **Replacement of the Indoor Arena Footing**— \$100,000
- 2) **Run-In Shed Repair and Staining**— \$15,000
- 3) **Exterior Painting of the Facility**— \$20,000

If you are interested in supporting any of these or other funding projects, please contact CKRH Executive Director Pat Kline at 859-231-7066 or pat@ckrh.org.





Walk On.

Eight-year-old Gigi (short for Gianna) is in her third year of Therapeutic Riding. Her parents have seen a noticeable increase in her strength and balance. She is already a pro at riding in front of audiences, having participated in the annual horse sponsorship auction as part of the NIGHT OF THE STARS gala. In 2018, Gigi formed great friendships with Bella, a retired polo pony, and her volunteer team of Eastern Kentucky University students.

Thoroughbred Associations

Recognize CKRH

Central Kentucky Riding for Hope was honored to receive the **William T. Young Humanitarian Award** at the 2018 annual Kentucky-Bred Champions Awards Luncheon. The Kentucky Thoroughbred Owners & Breeders (KTOB) established this award to recognize people and organizations within the industry for their humanitarian efforts. Recipients are voted on by the full membership of KTOB and the Kentucky Thoroughbred Association.

Additionally, CKRH received accreditation from the **Thoroughbred Aftercare Alliance** (TAA) last year following a detailed application process. CKRH is now among 34 Thoroughbred aftercare organizations across North America that have met or exceeded TAA requirements in the areas of operations, education, horse care management, facility standards and services, and adoption policies and protocols.

These organizations are now eligible to receive financial grants from the TAA to support the ongoing care of retired Thoroughbreds.



Long-time CKRH Board member and supporter Tom Creech accepts the W.T. Young Award with CKRH Executive Director Pat Kline.



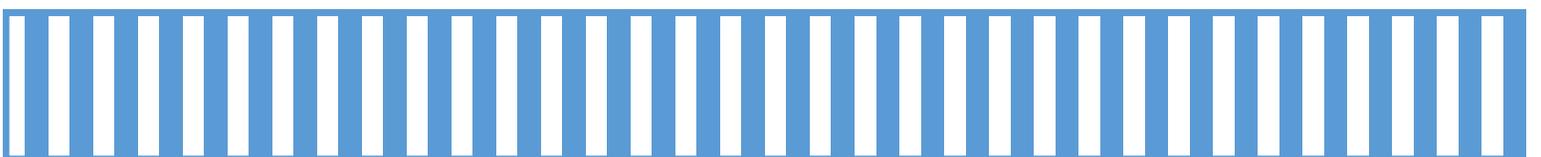
Photo by JJ Silman

Falun Dafa, nicknamed Truth, has fit in wonderfully since arriving at CKRH two year ago. Truth is a 20 year old Thoroughbred and used primarily with our STABLES students.

CKRH is proud to receive assistance from TAA and **Thoroughbred Charities of America** for the care of our Off The Track Thoroughbreds (OTTBs). After their racing careers, these Thoroughbreds still have a will to work and a desire to feel needed. A second career as a therapy horse provides the stimulation they need as they develop relationships with their clients. In many ways, Equine Assisted Therapeutic Activities benefit the Thoroughbreds just as much as the people they help.

Thoroughbreds have been ideal for unmounted therapeutic horsemanship activities as part of our equine-assisted mental health program. This includes our STABLES alternative learning partnership with Fayette County Public Schools and our collaborations with Charlotte Hiler Easley, LCSW, to provide equine-assisted psychotherapy for female survivors of mental and physical abuse.

Some of the Thoroughbreds are even used in Therapeutic Riding for military veterans services.



Legacy of Hope

Our **Legacy of Hope Society** has continually grown since its inception in 2017. This special society is for those who act to ensure tomorrow's generations have the same opportunity to experience the healing power of the horse.

Special recognition will be provided to our Legacy members. But most importantly, a Legacy commitment will continue our life-changing programs for children and adults with mental, physical, social and cognitive disabilities.

As our board member Amy Owens said when she made this commitment, "As a lifelong horse lover, I am filled with joy from knowing **the lives of such a wide variety of children and adults are improved** because of their interactions with the horse."

If you have already included Central Kentucky Riding for Hope in your plans, thank you! And, please let us know so we may properly acknowledge and include you as a member of our Legacy of Hope Society.

If you are interested in learning how to leave a planned gift for CKRH, please contact Executive Director Pat Kline at 859-231-7066 or at Pat@ckrh.org.

Thank you to our current members:

Stuart Bennett
Joan Darbee
Jan Hoffmann

Charles T. Creech
Carol Dickey
Amy L. Owens

Jeanne Owens



Impact of Program Services

**1,154 people served in Equine
Therapeutic Services and
Community Education Events**

Impact of Staff

**10 instructors provided
15,304 direct client
service hours**

Impact of Horses

**32 horses
7,320 bales of hay
627 bags of grain
1,200+ hooves trimmed**

Impact of Donors

**Nearly \$715,000 of financial support
and \$151,730 of in-kind services
from 1,000+ donors**

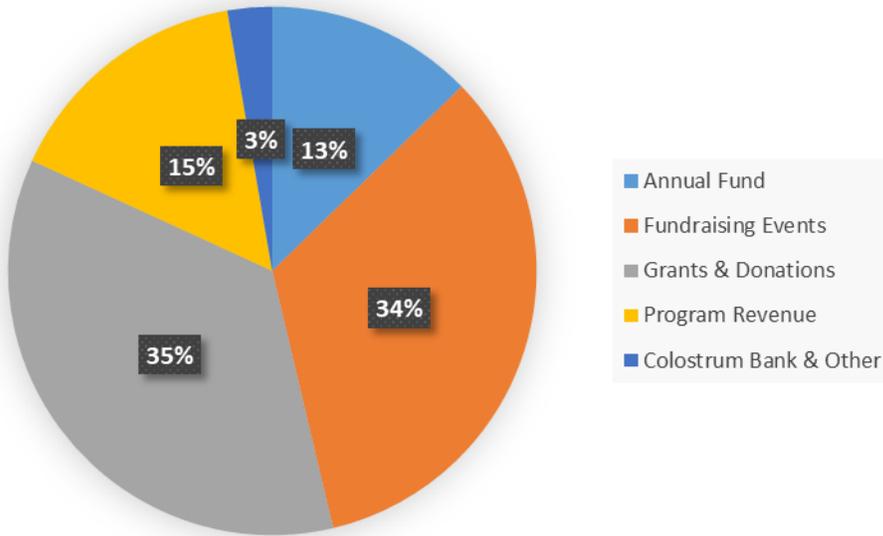
Impact of Volunteers

**325 volunteers
served in 2,712 roles
totaling nearly 17,500 hours
for a value of over \$430,000***

*Monetary value is based on the National Value of Volunteer Time.

Financial Position Year ending December 31, 2018

2018 Revenue

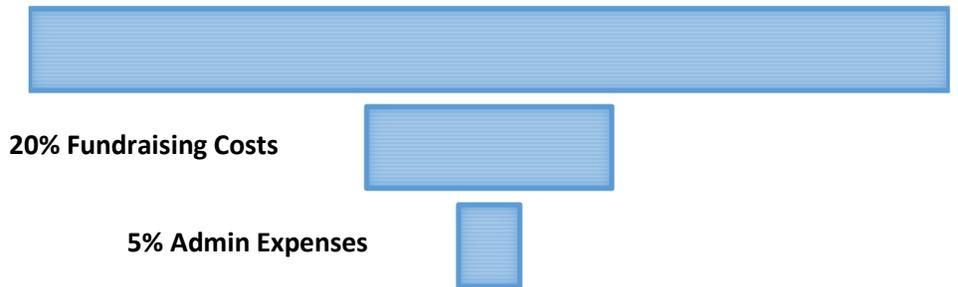


Revenue totaled a respectable \$867,296 due to the generosity of many donors. We proudly used 75 percent of our income toward programming.

Looking to the future, we plan to continue growing our fundraising efforts to further support our current participants and new clients to come.

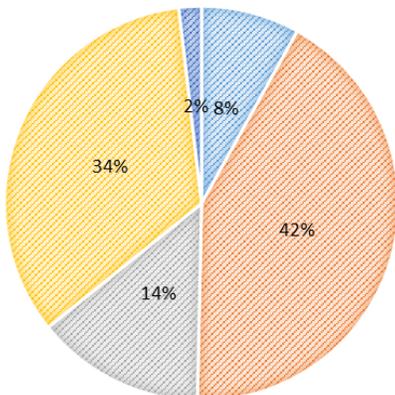
75% Program Services

HOW WAS MONEY SPENT?

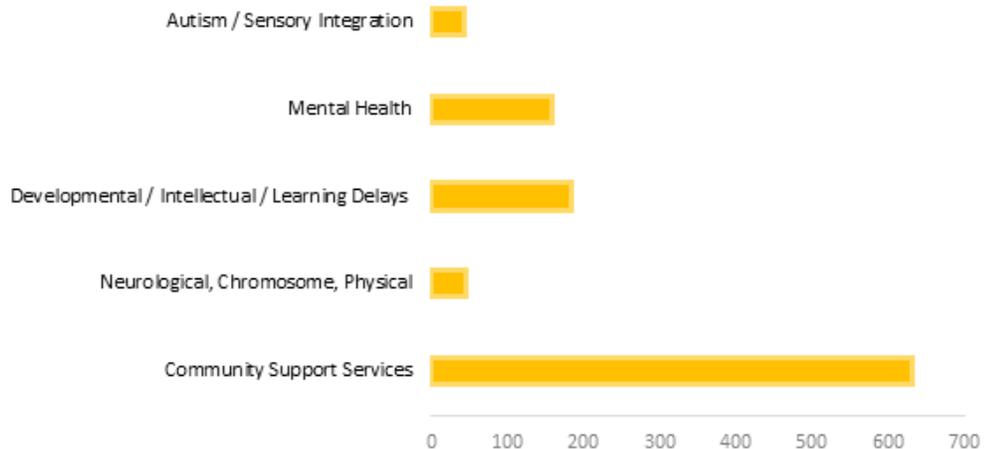


AGES OF OUR CLIENTS

3-12 13-17 18-21 22-61 62-82



PROGRAMMING PROVIDED



Staff

Pat Kline, Executive Director

Jessica Byassee, Development Director

Denise Spittler, Program Director* (Jan-May)

Erica Bischoff, Lesson Coordinator/Instructor*

Katherine "KC" Jensen, Instructor*

Josh McElroy, STABLES Horsemanship Instructor*

Anna Montero, Equine Care/Instructor*

Vickie Palmer, Volunteer Coordinator (Jan-July)

Karen Richardson, Administrative Assistant

Alli Rushing, Data Controller/Instructor*

JJ Sillman, Equine Care Assistant

Lisa Swanson, Program and Equine Manager*

McKenna Toenies, Volunteer Coordinator (Aug-Dec)

Instructors

*Ann Cothran**

Toby Cross, OT*

*Mindy Welsh**

Contracted Therapists for Hippotherapy

Judith Allen, MSPT, AHA Registered Therapist*

Lisa Harris, MSPT, MSVc, HPCS, AHA Registered Therapist*

Jessica Perkins, MS, OTR/L

Kathryn L. Splinter-Watkins, MOT, OTR/L, FAOTA, AHA Registered Therapist*

Equine Specialist in Mental Health & Learning

Charlotte Easley, MSW, LCSW, EAGALA and PATH

* Staff and contracted instructors with instructor certification through Professional Association of Therapeutic Horsemanship International (PATH Intl).

Board

Executive Committee

Brad Scroggin, President

Peter Morresey, BVSc, MACVSc, DACT, DACVIM,
1st Vice President

Alicia Smith Kazee, 2nd Vice President

Amy L. Owens, Secretary

Adam Campbell, CPA, Treasurer

Members

Michael Banahan

David Beck, CPA

Adam Bowden

Stuart E. Brown, DVM

Susan Bunning

The Creech Family

John Douglas

Elizabeth Leatherman, CPA

Kristina Lu, VMD, Dipl. ACT

Martha Jane Mulholland

Victoria Myers

Richard A. Nunnelley

Kari H. Simon

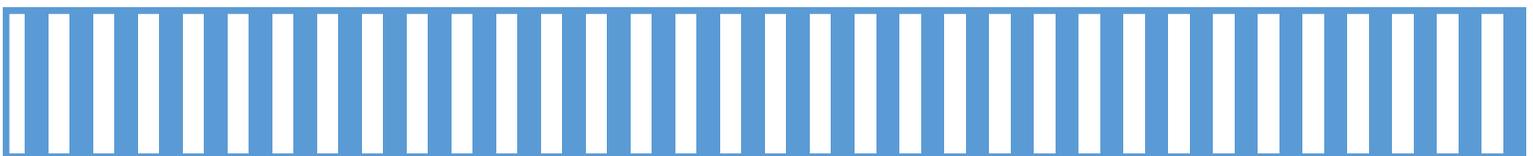
Linda Willson

Members Emeritus

Nancy Herring

John T. Ice

Jeanne Owens



2018 By the Numbers

569

people served in therapeutic equine activities

15,304

hours of direct client services

585

people attended community educational events

17,449

volunteer hours donated

100%

of participants received financial assistance

Central Kentucky Riding for Hope

PO Box 13155 • Lexington, KY 40583

Located within the Kentucky Horse Park

(859) 231-7066 • www.CKRH.org

