



CENTRAL KENTUCKY RIDING FOR HOPE

ANNUAL REPORT

2010

www.ckrh.org



**Central Kentucky Riding for Hope
Mission Statement
January 2010**

Central Kentucky Riding for Hope is dedicated to enriching the community by improving the quality of life and the health of children and adults with special physical, cognitive, emotional and social needs through therapeutic activities with the horse.

Values

- Offer equine assisted activities in a manner that challenges individuals with disabilities to achieve their maximum potential.
- Maintain excellence in the care and management of our therapeutic horse herd.
- Value our donors by the work we produce.
- Recognize that our volunteers are our most important resource.
- Provide a safe environment for all.
- Encourage diversity in all aspects of our program.

Therapeutic Riding and Hippotherapy provide services to children and adults that have been diagnosed with the following:

- | | |
|--------------------------------------|---|
| • ADD | • Mental Retardation |
| • ADHD | • Multiple Sclerosis |
| • Autism | • Muscular Dystrophy |
| • Cerebral Palsy | • Paralysis |
| • Development Delay | • Post Traumatic Stress Disorder (PTSD) |
| • Down Syndrome | • Speech Impairment |
| • Emotional/Behavioral Special Needs | • Spina Bifida |
| • Head Trauma/Brain Injury | • Stroke/CVA |
| • Hearing Impairments | • Visual Impairment |
| • Learning Disabilities | |

Year in Review 2010

The Board of Directors of Central Kentucky Riding for Hope had a few changes in 2010. Critt Murphy's resignation became effective in January; Cindy Go decided not to renew for another term, as did long-term board member Derek Gordon. Meg Levy's term ended in December. New board members who began their terms in 2010 were Brad Scroggins, Valerie Cravens, Susan Bunning and Kristina Lu. Mark Dixon, who had originally filled the term left by David Mullins, began his own term at the start of 2010.

During the year, Walter Palmer served as President; George Milligan and Robert Blitch served as Vice-Presidents; Jeanne Owens served as Secretary and David Beck continued as Treasurer. During the November meeting, these new members were voted on to begin serving their terms in January 2011: Vince Gabbert, Priscilla Johnson, Cammie Brunner and Peter Morresey.

Staff changes involved the hiring of Ann Cothran as full-time Lesson Volunteer Coordinator & Equine Assistant and the addition of David Levy as a part-time NARHA Instructor-In-Training working with the Horses for Heroes program. All other full-time positions remained the same: Jenny Jackson as Lead Instructor, Amanda Workman (formally Zozgornik) as Equine Manager, Denise Spittler as Program Director and Pat Kline as Executive Director. Part-time staff includes Joan Wilcoxon as Volunteer Education & Training Coordinator and Part-Time NARHA Instructor, Vickie Parker as Administrative Assistant and Jeannie Brewer as Resource Development Coordinator.

The year began with Volunteer Training and Orientation followed by Session 1 of Therapeutic Riding in January. This was followed by the beginning of Hippotherapy Sessions at the start of February. Providing year-round sessions was a long-awaited goal of CKRH, which achieved the milestone during the winter of 2010. In February, the Clinton Anderson Down Under Horsemanship Clinic offered at the Kentucky Horse Park, which chose CKRH as its selected charity with a chance to increase exposure and benefit from the fundraising ball-toss. In early spring, CKRH engaged in its first fundraising flower sale, which was organized by a CKRH parent, Patricia Truesdell.

The Paul Frazer Memorial Combined Test and Dressage Horse Show was held in late March at the Kentucky Horse Park. Thanks to the leadership of Carmen Radar-Bowles and Shelly Stanley, the event grossed \$12,653. CKRH organizes this show, which has both open and adapted classes for riders with disabilities. Our indoor arena provided CKRH a place to school our horses during the winter

so we were able to send six participants to the show. The students rode their dressage patterns independently and off lead.

On June 21, CKRH held the seventh annual NIGHT OF THE STARS, a benefit at the Keeneland Entertainment Center that consisted of dinner, dancing and a Live and Silent Auction. Nine CKRH horses (including two miniatures) along with their CKRH participants wore costumes to fit the theme of the evening, "It's Magic." The talented Shirley Gentry once again shared her time and effort in creating the concept and costumes for this event. The horses were auctioned as a sponsorship opportunity. The event was very successful, grossing \$207,627, and was our best thus far. We were grateful to Joanne Rainey, who spoke to our audience and addressed the impact of CKRH services in her family. Pat Kline serves as chairperson of NIGHT OF THE STARS, which continues to support CKRH's annual operating expenses and promote community awareness.

The Under-Cover Campaign made significant progress when CKRH was awarded a \$500,000 Community Development Block Grant. Construction was started on the final phase of the building project in December 2010. Expected completion date should be March or April of 2011. The largest remaining segment of exterior construction was completed during the summer when the Kentucky Department of Transportation paved the remaining portion of the gravel parking lot.

Under the leadership of Program Director Denise Spittler, programming at CKRH continues to develop. In totality, CKRH served 176 participants through 1,132 sessions in programming activities through a wide range of offerings despite the scheduling challenges arising from the Alltech FEI World Equestrian Games. CKRH successfully implemented the first pilot of the Horses for Heroes Program offered for veterans with PTSD (post-traumatic stress disorder) diagnoses in 2010. Thanks to Denise's efforts, the second pilot will take place in 2011. Part-time Instructor-In-Training David Levy was added as a part-time staff position to work directly with the veterans and assist in equine training. Also in 2010, CKRH began working with Abilities Unlimited LLC, a human services company committed to providing high-quality supports and services to individuals diagnosed with mental retardation and/or developmental disabilities. This partnership provides quality community-based services to adults who reside in assisted-living homes.

CKRH continues to explore partnerships with public and private elementary schools, middle schools and high schools. Our most recent partnership provides a work-study program to high school students in Fayette County. This program has a focus on academic and vocational learning in an equine environment.

Under Denise's direction, CKRH hosted its second NARHA Registered Level Instructor Workshop and Certification. Enabling interested individuals to achieve this certification within the state of Kentucky was a primary goal for our center.

CKRH Lead Instructor Jenny Jackson guided the CKRH Pony Club members through another successful year. Nine participants worked on and earned badges in both non-mounted and mounted venues. In addition, a new day camp for Pony Club that was organized over the summer offered a wide variety of demonstrations and a chance to earn an equine nutrition badge. Collaborations continued with Shriners Hospital for eight enthusiastic patients with Spina Bifida who participated in recreational therapeutic activities with CKRH's miniature horses. Healing Hooves, the partnership with Hospice of the Bluegrass Bereavement, continued during the summer. Twelve children who experienced the loss of a loved one worked with their hospice counselor to help facilitate their grief process.

Cardinal Hill Rehabilitation Hospital and CKRH continued their partnership in 2010 in Hippotherapy. Under the direction of Lisa Harris, this innovative program continues to provide speech, physical and occupational therapy services using CKRH horses and facility, NARHA Instructors, experienced horse handlers and trained volunteers. In this collaboration, 35 clients were referred from Cardinal Hill Hospital. In March, CKRH hosted an American Hippotherapy Association (AHA) approved Level 11 Clinic for Equine Skills and Treatment Principles. Our thanks to Lisa for her continued educational outreach and oversight of the Hippotherapy program at CKRH.

Under the leadership of Joan Wilcoxon, 14 orientations and training sessions were held and 147 new volunteers entered the program in 2010. In an effort to operate more efficiently, trainings are now scheduled on the second Saturday of every month. Joan is responsible for recruiting, training and supervising all volunteers associated with participant services. In 2010, Ann Cothran was added to the CKRH staff to communicate and provide a link between CKRH and our volunteers. She is responsible for scheduling volunteers for direct client services.

Resource Coordinator Jeannie Brewer kept CKRH on track with community service outreach with projects that included the Office of Fayette County Attorney, The Lexington School, Sayre School, Fiji Fraternity at UK, Fayette County Amateur Radio Emergency Service, Caitlin, Inc., and Sigma Nu Fraternity at EKU. We also thank the many other individuals who joined us throughout the year for workdays to maintain our facilities.

Equine Manager Amanda Workman has continuing oversight of the approximately 26 steadfast Haycrew volunteers who assist with the daily care of the CKRH's beloved horse herd. A total of 22 horses and five minis comprise the herd. Amanda is also responsible for continual evaluation of horses entering CKRH on a trial basis. Under Amanda's supervision, our herd continues to receive the best care CKRH can provide.

Office Manager Vickie Parker continues to provide steadfast attention to detail for all of CKRH's accounting work. With oversight from our devoted Board Treasurer, David Beck, CKRH maintains strong financial reporting documents that are reviewed monthly by all board members. Thanks to David Beck for the preparation of the year-end reports in this Annual Report.

In September, the Alltech FEI World Equestrian Games took place at the Kentucky Horse Park. CKRH did not offer services during the Games because of the issues involved in obtaining security passes. The Games did provide CKRH with an opportunity for exposure thanks to the American Quarter Horse Association, which offered our program a demonstration opportunity in the AQHA arena located in Sponsor Village. CKRH provided support for the Para-Equestrian component of the Games when we were asked by WEG organizers to host the meet-and-greet dinner for officials of the Para-Games. Hosts David and Diane Goodnight provided an evening that represented both our program and our state graciously.

During the Games, CKRH also was afforded the opportunity to present a press conference at our facility to announce and recognize the Community Development Block Grant committee and announce the support of AT&T and the Shatner's All Glory Team in funding our first pilot programs for Horses and Heroes. We were extremely honored that Kentucky's First Lady, Jane Beshear, spoke at our press conference.

On October 30, CKRH hosted the annual Halloween Trail Ride and Tack Sale. Tremendous volunteers Judy Donahoe and Laura Whayne again chaired this fun fundraising day. We were pleased to continue to host this event at our facility and grateful for the leadership of the chairs and dedicated volunteers who make this labor-intensive event so popular. We felt very fortunate that the weather cooperated and attendance was good. The CKRH coffers were increased by \$21,126 (gross).

The year ended with the CKRH Holiday Party, which was again held at the Kentucky Horse Park's new indoor arena but moved into Exhibit Hall North. This wonderful facility was perfect for our growing group. We are grateful to the

Kentucky Horse Park Foundation for allowing the party attendees to pass through Southern Lights. The evening was topped off by the awesome Jack Pattie, who was once again the best Santa ever. With all the CKRH Friends and Family gathered together, the party was a great way to close a strong year at CKRH.

With the continued in-kind support of the Kentucky Horse Park, Charles T. Creech, The Colostrum Bank, Hagyard Equine Medical Institute, Thoroughbred Charities of America, Sallee Horse Vans, ROLEX, Jon Jazdzewski, Brocato Farrier Services, Kristina Lu and Peter Morresey, CKRH is able to meet its operating needs affordably. These efforts, along with the contributions of students, families, volunteers and the numerous friends and patrons led by our Board of Directors, allow us to continue at CKRH.

Finally, without the support of the community at large, we could not afford to offer this wonderful growing program to people with disabilities in Central Kentucky.

2010 At A Glance

	2008	2009	2010
	Previous Facility	Moved in April	New Facility
Number of sessions provided	450	569	1,132
Number of people served in repeat sessions	169	170	176
Number of people served in one-time services	216	XXXX	93
Number of instructors	14	16	17
Number of instructors in training	5	1	5
Number of weekly volunteers	272	299	170
Program revenue	\$33,267.27	\$58,761.91	\$65,386.50
Number of educational sessions hosted	40	42	24
Number of equine	21 horses 5 mini's	20 horses 5 mini's	22 horses 5 mini's

Services Provided

Therapeutic Equine Assisted Activities

Mounted and non-mounted equine assisted activities served 141 individuals in 1,132 sessions during the 2010 year. Of these, 121 individuals returned weekly for more than 5 consecutive weeks. Our number of sessions served has increased by 99% in the past year. Staff has worked to develop new partnerships with public schools, hospitals and other community service organizations to provide individualized consistent services.

Hippotherapy & Carriage Driving

Our partnership with Cardinal Hill Health Care System in Lexington remains strong; consistently providing therapy services to 35 clients. The therapeutic driving program served two individuals in 2010. This wonderful program gave mobility to those not able to ride.

Equine Facilitated Mental Health

CKRH began a partnership with Veterans Administration Hospital in Lexington, KY. The program will provide assistance to Veterans who have been diagnosed with Post-Traumatic Stress Disorder [PTSD] and Traumatic Brain Injury [TBI]. An essential goal is to break through the PTSD symptoms of estrangement and detachment which will result in decreased depression and thoughts of suicide.

Single Session Therapeutic Equine Activities

CKRH has reached out to schools and community organizations to participate in one time therapeutic educational services at CKRH. This past year 93 individuals came to spend a day of learning at CKRH.

Educational Sessions

CKRH continues to focus on providing quality educational opportunities to those in the field of equine assisted activities. CKRH hosted 2 three-day clinics; one approved by the American Hippotherapy Association and one NARHA registered level instructor certification. We also continue to host the KY Equine Assisted Activities Summit as well as many other one day educational opportunities for instructors and others in the community.

College Intern Program

CKRH continues to provide internship placements for college students. We have partnerships with Asbury University, Eastern Kentucky University and University of Kentucky where students obtain course credit for hands on service at CKRH. These students are majoring in Social Work, Occupational Therapy and Physical Therapy.

VOLUNTEER SUMMARY-2010

<u>EVENT</u>	<u># OF INDIVIDUALS</u>	<u>MAN HOURS</u>
Classes	121	6,574
<p>(121 individuals filled 671 volunteer positions: Session 1 had 86 per week, Session 2 had 160 per week, Summer Session had 18 per week, Session 3 had 128 per week, Session 4 had 128 per week, Driving had 50 total positions and Non-Mounted Activities had 101 total positions.)</p>		
Hay Crew	26	3,380
High Hope	N/A	N/A
Paul Frazer	35	105
Harvest Trail Ride & Tack Sale	75	450
HPOT	23	2,484
NIGHT OF THE STARS '10	75	2,900
Rolex	6	240
World Equestrian Games	10	152
Community Service	79	473
Misc.		1,000
TOTAL	450	17,758

Note: Current value of these volunteer hours by the INDEPENDENT SECTOR, Metro United Way (Louisville) is \$370,254. (Based on national average of \$20.85 per hour)

Although based largely on extrapolated data, every effort has been made to ensure the accuracy of this information.

HERD REPORT – 2010
22 horses & 5 miniatures

Name of Horse	Breed
Annie	Quarter Horse Cross
Chewy (Training) (N)	Percheron Belgian Cross
Chico	Morgan Cross
Cracker Jack	Miniature
Frosty	Appaloosa
Fox	Missouri Foxtrotter
Happy Feet	Miniature
Heirator	American Quarter Horse
Hoss	Mustang Draft Cross
Ingrid	Norwegian Fjord
Jubilee	Miniature
Kate (Training) (N)	Oldenburg
Laredo	Miniature
Lightning	Norwegian Fjord
Lincoln	Welsh Cob
Merry Legs	Miniature
Messenger	New Zealand Thoroughbred
Misty (N)	Haflinger
Nathan (Training) (N)	Standardbred
Pilot (Training) (N)	Rocky Mountain Horse
Rocket Boy	Pinto
Royal Zippo (Zippo)	American Quarter Horse
Sage	American Quarter Horse
Santa Fe (N)	Morgan Horse
Santee Socialite (Socialite)	Pony of the Americas
Just Sandy	½ Quarter Horse ½ Walking Horse
T-Ball	Norwegian Fjord

(N) New to program in 2010

Horse Health

During 2010, all horses on CKRH property were required to adhere to guidelines set forth by the Kentucky State Veterinarian and FEI (Federation Equestre Internationale). Additional cost for vaccinations and de-worming products were incurred. Surgery was completed on one equine to remove a tumor mass from the outside of his large intestine. After several months of recovery, equine returned to all programming activities which include Hippotherapy, Therapeutic Riding and Therapeutic Driving. All equines continue to be under the routine care of veterinarians, dentist and farriers. Equines receive acupuncture, chiropractic and other specialty treatments as needed. All specialty treatments were received on donation.

Horse Recruitment and Retirement

Three horses, Banjo, Bingo and Mikey, were retired from CKRH and either returned to their owner or adopted by appropriate new owners. Seven new horses arrived at CKRH during 2010 and are either serving in program activities or continue in a very active training program. Fourteen horses spent more than 30 days at CKRH under a trail lease agreement, deemed not appropriate for therapeutic riding and returned to their owners. Staff evaluated 35 horses and determined they were not appropriate for therapeutic riding. We completed detailed phone screenings on an additional 46 horses and determined they would not be appropriate. In summary, CKRH has considered 82 horses for donation or lease in 2010 and only 7 remain at CKRH for either program activities or training toward program activities.

Training and Conditioning

It is accepted as an industry standard that all horses must have the appropriate amount of conditioning and training to perform their jobs as therapeutic riding horses. To this end, CKRH has a contractual agreement with an equine trainer who specializes in training horses for this type of work. The equine trainer works to teach all new horses skills they may not have been exposed to in their past career. She also addresses any bad habits that may arise as a result of horses being primarily handled and ridden by people with beginner horse skills. CKRH staff and volunteers continue to ride, hand walk, lunge and long line horses for conditioning and training purposes.

FACILITIES REPORT

The barn consists of:

- 19 stalls for horses
- 1 stall that is the feed room
- 1 stall that is the hay room
- 1 stall that is the tool room (where muck carts, shavings and pitchforks are kept)
- 4 office rooms
- 1 therapy room
- 1 meeting room
- 1 instructor room
- 1 copy room
- 1 tack room
- 1 vet room
- 2 bathrooms

One indoor arena 78 feet by 192 feet:

- 1 Sure Hands lift
- Polymer coated synthetic surface produced by Attwood Equestrian Surfaces
- 2 wooden stair mounting blocks
- 1 equicizer horse

One outdoor arena 100 feet by 200 feet:

- Class I and river sand surface

Surrounding area used by CKRH:

- 1 Large hay shed
- 1 round pen with Class I and river sand surface
- 8 pastures
- 2 two bay run-in sheds
- 2 four bay run-in sheds
- 1 mini field with catch-pen and mini shed

In-Kind Donations for 2010
Emp. ID # 31-1024505

Accuprint	438.00
Brocato Farrier Services	2,550.00
Charles T. Creech, Inc.	13,379.10
Commonwealth Communications	500.00
Diane Guinn (WEB camera & setup)	300.00
Hagyard Equine Medical	4,556.86
HDM Pharmacy	12,906.00
Jon Jazdzewski (Dentistry)	900.00
Kentucky Equine Research	490.00
Kentucky Horse Park	2,380.00
Susan F. Kerns, MD (WEG tickets)	4,320.00
Lexmark	2,100.00
Kristina Lu, VMD, Dipl. ACT	4,246.50
Mediport, LLC	680.00
Peter Morresey, BVSc MACVSc DipACT DipACVIM (LA)	2,760.00
Night of the Stars Donations	90,540.99
William J. Novak (WEG tickets)	2,960.00
Other Program Donations	1,142.53
Jeanne Owens (WEG Tickets)	750.00
Mary Rhoades (WEG Tickets)	1,150.00
Sallee Horse Vans	1,730.00
Tack Sale/Program Equipment Donations	13,378.81
Marcy Thobaben (First Aid/CPR)	450.00
TOTAL IN-KIND FOR 2010	164,608.79

Note: For purposes of this report service and facility donations less than \$300 are included in the Other Program Donations category.
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**Central KY Riding for Hope
Profit & Loss
January through December 2010**

Ordinary Income/Expense	
Income	
4000 · Unrestricted Donations	131,066.32
4100 · Fundraising	351,378.83
4200 · Restricted Donations	25,515.00
4300 · Program Revenue	54,376.50
4400 · Other Cash Revenue	1,297.05
4500 · Colostrum Revenue(expenses)	<u>25,199.50</u>
Total Income	588,833.20
Expense	
5100 · Horse Care	32,106.12
5200 · Fundraising Expenses	181,567.90
5300 · Equip/Maint/Construction	14,299.44
5400 · Office Expenses	23,622.10
5500 · Personnel Expenses	279,621.07
5700 · Program Expense	26,590.04
5750 · New Building Expenses	13,159.08
5900 · Other Expense	<u>-19,512.00</u>
Total Expense	<u>551,453.75</u>
Net Ordinary Income	37,379.45
Other Income/Expense	
Other Income	
6000 · In-Kind Revenue (Expense)	
4509 · In Kind-Vet	26,499.36
4511 · In Kind-Tack Sale	13,378.81
4513 · In Kind-Other	34,189.63
5809 · In Kind-Vet (E)	-26,499.36
5811 · In Kind-Tack Sale (E)	-13,378.81
5813 · In Kind-Other (E)	<u>-34,189.63</u>
Total 6000 · In-Kind Revenue (Expense)	0.00
6000a · In Kind Capital Income	8,350.00
6002 · Gain(loss)-Asset Disposals	-3,428.11
6004 · Interest Income	2,925.20
6006 · Capital Campaign-Under Cover	<u>111,919.93</u>
Total Other Income	119,767.02
Other Expense	
6010 · Depreciation Expense	41,471.99
7000 · Capital Campaign Expenses	509.04
8000 · Federal Income Taxes	5,975.00
8001 · Interest Expense	6,673.72
Total Other Expense	<u>54,629.75</u>
Net Other Income	<u>65,137.27</u>
Net Income	<u>102,516.72</u>

**Central KY Riding for Hope
Balance Sheet
December 31, 2010**

ASSETS

Current Assets

Checking/Savings

900 · Operating Accounts

1002 · Office Petty Cash 79.20

1011 · Regular Checking-AFB 1089420 33,953.21

1012 · MMkt Savings-AFB 1088017 294,970.38

Total 900 · Operating Accounts 329,002.79

Total Checking/Savings 329,002.79

Accounts Receivable

1210 · Dr. & Mrs. Barry W. Simon 500.00

1212 · Frank & Diane Minnifield 500.00

1213 · Michaela L. Stanley 50.00

1216 · Jacob and Glenna Graves 1,000.00

1219 · The Oxley Foundation 20,000.00

1232 · Mulhollem Cravens Pledge 50,000.00

Total Accounts Receivable 72,050.00

Other Current Assets

1225 · Unconditional Promise-Land 8,549,026.00

1226 · Discount- Uncond. Promise-Land -7,766,752.00

Total Other Current Assets 782,274.00

Total Current Assets 1,183,326.79

Fixed Assets

1600 · Horses 26,000.00

1602 · Office Equipment 25,418.23

1603 · Program Equipment-Non Tack 38,098.90

1604 · Program Equipment-tack 14,430.85

1605 · New Arena Costs 3,247,312.40

1606 · Accumulated Depreciation -174,925.85

Total Fixed Assets 3,176,334.53

TOTAL ASSETS 4,359,661.32

LIABILITIES & EQUITY

Liabilities

Current Liabilities

Other Current Liabilities

2002 - FWT/fICA Payable	8,948.12
2004 - KY Tax Payable	1,689.56
2009 - Scott Co. Schools Tax	62.56
2010 - Scott Co. License Tax	317.92
2014 - KY Unemployment Ins Payable	128.22
2250 - American Founder's Bank Loan	<u>127,500.00</u>

Total Other Current Liabilities 138,646.38

Total Current Liabilities 138,646.38

Total Liabilities 138,646.38

Equity

3001 - Unrestricted Fund Balance	19,094.00
3900 - Retained Earnings	4,099,404.22
Net Income	<u>102,516.72</u>

Total Equity 4,221,014.94

TOTAL LIABILITIES & EQUITY 4,359,661.32

CKRH STAFF 2010

FULL TIME:

Pat Kline –Executive Director

Pat Kline came to CKRH as the interim Development Coordinator in December of 2003. Pat holds a B.S. in Education and worked as a Title 1 and regular classroom teacher for 9 years in both New Jersey and Ohio. Pat has an M.S. +30 in Personnel Services specializing in child guidance and taught at The Lexington School for seven years. She served as President of the Parents' Association at TLS, and was a member of their Executive Committee for 3 years. She chaired their annual Fall Festival twice and served for many years on their fundraising event CELEBRATION. She also served on the Board of Directors at TLS. The position of Development Coordinator was made a permanent position in February of 2004 and later in 2004, Pat became CKRH's Executive Director.

Denise Spittler – Program Director

Denise has a Bachelor of Social Work degree as well as a Master of Business Administration degree. She has been employed in the fields of Information Technology and Legal Office Management as well as Equine Assisted Activities. Denise holds certifications with NARHA (North American Riding for the Handicapped), CHA (Certified Horsemanship Association), and EAGALA (Equine Assisted Growth and Learning Association). Denise accepted a position as Program Director for Central Kentucky Riding for Hope in May of 2005.

Denise has served NARHA, her center, and others in the states of Kentucky and Tennessee through many volunteer activities. She is the NARHA Kentucky State Chair and serves as a NARHA site visitor assisting other centers in the administration of equine assisted activities. Denise has organized, facilitated and taught many continuing education sessions throughout the state of Kentucky sharing information about Equine Assisted Activities and NARHA.

With her experience and expertise, Denise hopes to positively affect the lives of others through equine activities.

Jenny Jackson—Full Time Instructor

Jenny first came to CKRH in September 2005 as a volunteer. By March 2007 she had earned her NARHA Registered Level Certification and in May 2008, Jenny joined the staff of CKRH as the Full-Time instructor. During sessions, Jenny designs and implements lesson plans to address each student's needs while evaluating and documenting their progress. Among her other duties, she teaches the Saturday Horsemasters Program, coaches in Special Olympics, heads up CKRH's new United States Pony Club Program and assists instructors in training. After graduating from the University of Kentucky with a BA in Communications, and an emphasis in sociology, Jenny was employed by R. J. Reynolds as an area sales representative for 9

years. Jenny has been involved with horses her entire life having taught riding periodically for over 25 years. She has owned and shown horses of different breeds in a variety of disciplines and operated her own boarding stable. Upon moving to Indiana, Jenny managed her own 200 acre farm comprised of numerous livestock including horses and cattle as well as a crop production program. She also served as a 4-H Horse and Pony advisor. She is a member of NARHA, the Kentucky Horse Council, Daniel Boone Distance Riders, the North American Trail Ride Conference and the Northern Kentucky Horse Network.

Amanda Workman – Equine Manager

Amanda joined CKRH in March 2008. She first became involved with therapeutic riding by volunteering at the Forget-Me-Not Foundation near her hometown in northern Minnesota. She served as a board member, instructor, leader, side walker, and back rider. She also cared for and exercised the horses while supervising others who did the same. Since then, she has worked or volunteered at a few different animal shelters, rescues and horse farms, including Woodford Humane Society and Shadwell farm, performing basic care and grooming. In 2005, Amanda worked as the assistant manager intern for Bethlehem Farm, part of the Center for Women in Racing. She graduated from Midway College in May 2006, with a B.A. in Equine Management. For six months, she acted as the sole animal control officer for eight different municipalities in northern Minnesota before moving back to Kentucky permanently to pursue a career in the horse industry. Amanda became the office assistant for Nicholson Insurance, a company that sells mainly equine mortality insurance, from February 2007 until accepting the equine management position at CKRH. Amanda's experiences are quite diverse in that she has worked with many different types of equines, from miniature donkeys to draft horses, is familiar with several different riding disciplines and has plenty of experience working with computers performing administrative duties. She also has familiarity with contracts and legal processes through her certification as an animal cruelty investigator. Amanda is a member of NARHA and achieved her NARHA registered level instructor certification in November of 2009. On March 19th Amanda married Tyler Workman and changed her last name to Workman.

Ann Cothran – Volunteer Coordinator & Equine Care Assistant

Ann joined CKRH in January 2010 as a part-time equine care assistant. Since then, she has come on board full time as volunteer scheduler and equine care assistant. She graduated from Georgetown College with a B.A. in History and an Equine Scholars Distinction. Throughout her college days, she worked at several horse farms and the Kentucky Horse Park, as well as internships with the Georgetown College Equine Scholars Program and History Department. Her love of horses began at an early age as she took numerous riding lessons. Growing up, she showed competitively in 4H in several disciplines from Saddleseat to Hunters. During college, she was introduced to the world of dressage and eventing and is currently schooling and competing on the track racehorse. Ann is looking forward to become a NARHA Instructor this next year.

PART-TIME

Vickie Parker - Office Assistance

Vickie has a B.S. in Mathematics with a minor in Business Administration from Eastern Kentucky University. She worked as a computer programmer/systems analyst for the Kentucky Revenue Cabinet and the University of Kentucky. She was also a database analyst for the University of Kentucky. As a teenager she rode and showed pleasure Saddlebred horses. She has been at Central Kentucky Riding for Hope since January of 2004.

Joan Wilcoxon –Education & Training Coordinator/Part-Time NARHA Instructor

Joan came to CKRH as a volunteer in the spring of 2007. In February 2008, she joined the staff as the part-time Volunteer Coordinator. Her responsibilities include volunteer administration, recruitment, scheduling and training. In 2009, Joan became a NAHRA Registered Instructor.

Joan earned a B.S. and a M.S. in Animal Science from Southern Illinois University. In addition, she holds a B.A. in Equine Science with certification in Equine Therapy. Joan has many years of experience in the Thoroughbred racing and breeding industry. Joan held management positions on Thoroughbred farms in Illinois and Kentucky. She is experienced in all phases of horse farm management and her job titles have included stallion manager, broodmare manager and farm manager. She has worked as an equine therapist on racetracks in Kentucky, Florida and New York. In 2002, Joan accepted a key management position with the newly opened Kentucky Equine Sports Medicine and Rehabilitation Center (KESMARC). In 2007, Joan was among the first group of equine professionals in the United States to complete a curriculum that led to certification in Equine Osteopathy through The Vluggen Institute for Equine Osteopathy and Education in Austin, Texas. She is a charter member and on the board of the International Association of Equine Osteopaths. Currently, Joan provides equine manual therapy and modalities to the Lexington horse community under the name of Therapeutic Options.

Jeannie Brewer-Resource Development

Jeannie holds a B.A. in English from Hollins University and is consultant in the field of non-profits. She has previously worked as senior fundraising and management staff for local United Way offices throughout the US, and in 1995 co-founded a women's economic development program for Kentucky's Appalachian region. She has served on multiple boards including HEAD Community Loan Fund, FEMA Local Emergency Fund, Equestrian Events, Lexington Orphan's Society and the McDowell-Breckenridge Foundation. Jeannie came to CKRH in 2004 as a hay crew volunteer, and spent a good deal of her childhood on horseback at Pony Club events, foxhunts and lower-level horse shows. She became CKRH's Resource Development Staff in January 2006.

David Levy — Part-Time Instructor Veteran's Program

David originally hails from South Africa and came to CKRH in October 2010 as an Instructor for the new Horses for Heroes Program. David is currently studying for his NARHA Certification. During sessions, David designs and implements lesson plans to address each student's needs while evaluating and documenting their progress. David graduated agricultural college and did a year diploma in business management. David has been involved with horses most of his life and currently teaches English riding, jumping and eventing. He has managed various equine barns and facilities, including racing, polo, eventing and fox hunting barns. He has shown and competed at the top level in show jumping and eventing and now competes at the lower levels and teaches these disciplines.

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